

LOOKING FOR HEALTH AND SAFETY SOLUTIONS AT WORKPLACE?



FIRST AID TRAINING, AUTOMATED EXTERNAL DEFIBRILLATORS AND FIRST AID KITS



WE CAN HELP YOU IN CAMBODIA



Whether at work, on the road or in a remote location, medical events can occur any time. During an emergency, providing first aid quickly is essential and could be lifesaving.

Many forward-looking organizations nowadays are applying comprehensive yet cost effective solutions to address challenges and legal requirements in Health and Safety. Among other things they equip facilities with First Aid Kits, automated external defibrillators (AED) and regularly provide their employees with essential First Aid skills and knowledge.

For over 30 years International SOS provides First Aid Trainings to non-medical and medical professionals. We apply best international standards and most recent practices and provide courses certified by American Heart Association.

In **Cambodia**, we can offer you:

- First Aid Training in Khmer and English
- First Aid Training with AED application in Khmer and English

Our contacts:

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<https://www.internationalsos.com/locations/cambodia>

FIRST AID AND CPR TRAINING WITH A HEART STARTER

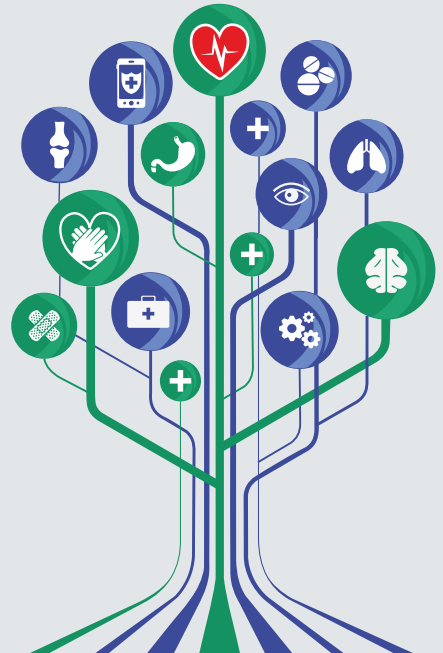


Offering your employees First Aid Training, which includes the use of defibrillators will make your workplace safer. Our First Aid Training course is suitable for both - beginners and those who want to refresh their first aid skills. Best practice is to refresh the First Aid knowledge every two years.

Learning First Aid is not that difficult but remembering the different steps when you need them most can be. Therefore, during the First Aid Training, we combine theoretical teaching with practical exercises to ensure that everyone feels safe and confident in their role as a first aider.

The First Aid Training Course lasts 6 to 8 hours and contains 11 key parts. It can be conducted for up to 12 people right at your premises by our certified First Aid Instructor, who will have all the necessary equipment (first aid manikins, training defibrillators, disposables).

- Part 1 >> Chain of survival
- Part 2 >> Unconscious patient
- Part 3 >> Getting help/alert
- Part 4 >> Securing airways/recovery pose
- Part 5 >> Primary & secondary survey
- Part 6 >> Heart attack
- Part 7 >> Stroke
- Part 8 >> Foreign body in the airways
- Part 9 >> Basic CPR
- Part 10 >> AED/Heart starter
- Part 11 >> Practice



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