

ADVICE ON OFFER:
A healthy workforce
benefits employers
in many ways, too.

Healthy attitude is key

DR STUART SCOTT, MEDICAL DIRECTOR, INTERNATIONAL SOS

As many businesses and individuals notch up a year of working from home, no one could argue that Covid-19 hasn't created a global shift in the importance of health in the workplace.

Even before the pandemic it was increasingly recognised that a healthy workforce benefits employers, too. By creating a positive, safe and healthy environment for employees, you can increase morale, improve your employees' work-life balance and, in turn, positively impact your business.

Healthy workers are more motivated to stay in work, recover from

sickness quicker and are at less risk of long-term illness. In addition, organisations stand to make substantial cost savings by promoting health in the workplace and reducing sickness absence.

By simply promoting good health among staff and colleagues, within a positive and safe working environment, you could reduce employee turnover and recruitment costs, while boosting productivity.

However, developing a health agenda for work isn't a one-size-fits-all solution. At International SOS we offer data-driven solutions that address a broad scope of health challenges, opportunities

and trends to support your organisation at every stage of developing and delivering an efficient health and wellness programme that will, in turn, benefit your employees and business.

With a broad range of experience, working across sectors, geographies and varying health risks, our global network of consultants can provide tailored consulting services that are strategically aligned to your organisation or sector's health agenda.

This may include added focus on handling stress for high-octane jobs, developing healthy habits and attitudes to alcohol for organisations with younger workforces

or implementing healthy activities and exercises to complete for those in traditionally sedentary office roles.

By working closely with one of our medical advisers, equipped with the relevant industry and regulatory knowledge bespoke to you, you can improve your efficiency and organisational resilience.

International SOS' health advisers work with you and your stakeholders using our proven methodology to help review, assess and advise on your organisation's health needs. Our consultants carry out an in-depth analysis to assess the health risks at your sites and workplace

and its impact to your operations.

Policies, standards and guides will assist you in managing health concerns to maintain business continuity. This usually includes:

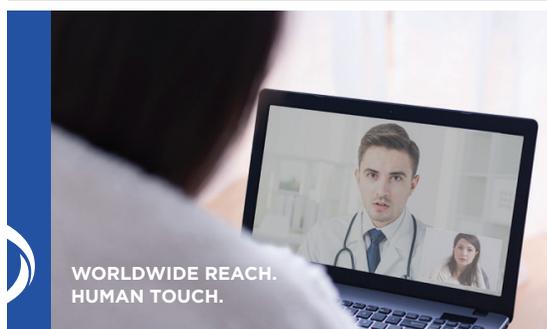
- Reviewing your health policy and standards
- Development and implementation of employee health and wellbeing programmes
- Assessing and advising on health threat preparedness and planning
- Reviewing of workplace health risks, malaria risks, hygiene and sanitation risks, community health risks and medical supply services

International SOS' global medical advisers

are on hand to add capacity and expertise to your organisation's health procedures.

Whether your need is for specialist site assessment, health and wellbeing programme development, or risk mitigation planning, our medical advisers add the needed capability and support, to keep your workforce in healthy, working order.

To find out more about International SOS' medical advisers and how they can support your organisation's health and wellbeing, please contact Claire Westbrook-Keir, director of key account management at International SOS: claire.westbrook@internationalsos.com



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