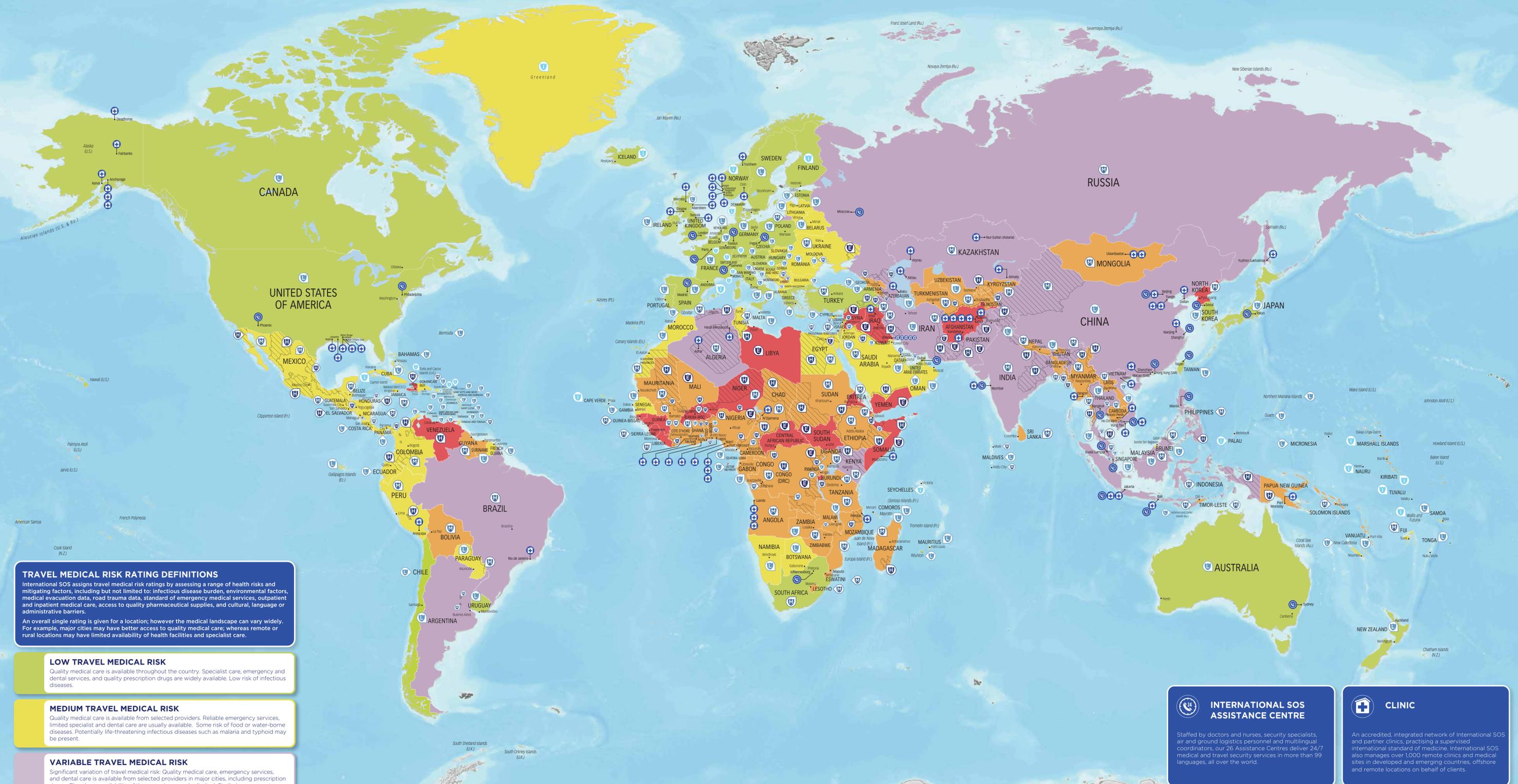


# TRAVEL RISK MAP 2020

Global health and travel security risks review



WORLDWIDE REACH. HUMAN TOUCH.



**TRAVEL MEDICAL RISK RATING DEFINITIONS**  
 International SOS assigns travel medical risk ratings by assessing a range of health risks and mitigating factors, including but not limited to: infectious disease burden, environmental factors, medical evacuation data, road trauma data, standard of emergency medical services, outpatient and inpatient medical care, access to quality pharmaceutical supplies, and cultural, language or administrative barriers.  
 An overall single rating is given for a location; however the medical landscape can vary widely. For example, major cities may have better access to quality medical care; whereas remote or rural locations may have limited availability of health facilities and specialist care.

**LOW TRAVEL MEDICAL RISK**  
 Quality medical care is available throughout the country. Specialist care, emergency and dental services, and quality prescription drugs are widely available. Low risk of infectious diseases.

**MEDIUM TRAVEL MEDICAL RISK**  
 Quality medical care is available from selected providers. Reliable emergency services, limited specialist and dental care are usually available. Some risk of food or water-borne diseases. Potentially life-threatening infectious diseases such as malaria and typhoid may be present.

**VARIABLE TRAVEL MEDICAL RISK**  
 Significant variation of travel medical risk. Quality medical care, emergency services, and dental care is available from selected providers in major cities, including prescription drugs. Elsewhere, availability of these services may be limited. Similarly, exposure to food, water-borne or potentially life-threatening infectious diseases may vary.

**HIGH TRAVEL MEDICAL RISK**  
 Basic emergency services, medical and dental care may be available. Specialist care is limited even in major cities. A wide range of quality prescription drugs may not be available. Food and water-borne infections are common. Potentially life-threatening infectious diseases such as malaria, typhoid and cholera may persistently pose a threat.

**VERY HIGH TRAVEL MEDICAL RISK**  
 Healthcare is almost non-existent or severely overtaxed. There may be very limited or no primary care, emergency care or dental services. Quality prescription drugs are frequently unavailable. Food and water-borne infections are common. Potentially life-threatening infectious diseases such as malaria and cholera may be persistently present and large outbreaks may occur.

**TRAVEL SECURITY RISK RATING DEFINITIONS**  
 The travel security risk rating evaluates the threat posed to travellers and international assignees by political violence (including terrorism, insurgency and/or sporadic acts of terrorism), civil unrest (including sectarian, communal and ethnic violence) as well as violent and petty crime. Other factors, such as the robustness of the transport infrastructure, the state of industrial relations, the effectiveness of the security and emergency services and the country's susceptibility to natural disasters are also considered where they are of sufficient magnitude to impact the overall risk environment for travellers.

**INSIGNIFICANT TRAVEL SECURITY RISK**  
 Rates of violent crime are very low. There is no significant political violence or civil unrest and little sectarian, communal, racial or targeted violence against foreigners. Security and emergency services are effective and infrastructure is sound. Transport services are of a high standard with good safety records and only occasional travel disruption. Industrial action affecting essential services is rare.

**LOW TRAVEL SECURITY RISK**  
 Violent crime rates are low and racial, sectarian or political violence or civil unrest is uncommon. If terrorism is a threat, groups have limited operational capabilities, and acts of terrorism are rare. Security and emergency services are effective and infrastructure is sound. Industrial action and transport disruption are infrequent.

**MEDIUM TRAVEL SECURITY RISK**  
 Periodic political unrest, violent protests, insurgency and/or sporadic acts of terrorism occur. Travellers and international assignees may face risk from communal, sectarian or racial violence and violent crime. Capacity of security and emergency services and infrastructure varies. Industrial action can disrupt travel.

**HIGH TRAVEL SECURITY RISK**  
 Protests are frequently violent and may target or disrupt foreigners; they may be exacerbated by governance issues, including security or law and order capacity. Violent crime and terrorism pose significant direct or incidental risks to travellers and international assignees. Communal, sectarian or racial violence is common and foreigners may be directly targeted. Certain parts of the country are inaccessible or off-limits to the traveller.

**EXTREME TRAVEL SECURITY RISK**  
 Government control and law and order may be minimal or non-existent across large areas. Serious threat of violent attacks by armed groups targeting travellers and international assignees. Government and transport services are barely functional. Large parts of the country are inaccessible to foreigners.

**REGIONAL VARIATIONS**  
 Travel Security Risk Zones are areas within a country where the risks faced by travellers and international assignees are different from the country's overall risk environment, usually necessitating a different level of preparation.

**INTERNATIONAL SOS ASSISTANCE CENTRE**  
 Staffed by doctors and nurses, security specialists, air and ground logistics personnel and multilingual coordinators, our 26 Assistance Centres deliver 24/7 medical and travel security services in more than 99 languages, all over the world.

**CLINIC**  
 An accredited, integrated network of International SOS and partner clinics, practising a supervised international standard of medicine. International SOS also manages over 1000 remote clinics and medical sites in developed and emerging countries, offshore and remote locations on behalf of clients.

The Travel Risk Map is a global representation of travel medical and travel security risks. Please consult International SOS for more detailed information on country-specific risks. All risk ratings shown are taken in November 2019. [international.sos.com/risk-outlook](http://international.sos.com/risk-outlook)