## World Cancer Day

## February 4

"Cancer is a leading cause of death worldwide, accounting for 8.8 million deaths in 2015."\*

> Reduce your risk of cancer by making healthy lifestyle choices including quitting smoking, eating a healthy diet and being physically active.

## *'We can. I can.' make healthy lifestyle choices!* Speak to your doctor about the options for cancer screening.

## Source:

\* World Health Organization, Cancer fact sheet, February 2017 \*\* World Cancer Day 2018 Theme and Key Message

This poster has been developed for educational purposes only and is correct at the time of publication. It is not a substitute for professional medical advice. Should you have any questions or concerns about any topic in the poster, please consult your medical professional.

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