


HELPING YOU BUILD AN EMPLOYEE WELLNESS PROGRAMME


OUR APPROACH TO WORKPLACE WELLNESS

Considering that one third of adult life is spent at work, Workplace Wellness programmes are an excellent way to support employees and organisations in keeping individuals happy and healthy while at the same time reducing healthcare cost and improving productivity.






\$3.80
ROI from disease management wellness programmes



22%
Global rise in Cardiovascular Disease by 2030



10,000
clients made us as their medical and travel security risk and cost mitigation partner

Mattke S et al 2014 WEF 2011 2017