

# **Emotional Support**

Life as a mobile worker can bring unforeseen stress and strain. Dealing with the complexity of business travel or life abroad can impact your mobile workforce's health and wellbeing. The world's first emotional support service for a mobile workforce.



### **Stress Impacts Business Continuity**

Exposure to new environments, minor medical conditions or simply being too far from loved ones can impact your mobile workforce.

These events trigger stress and anxiety. This can lead to distraction, business disruption or even something more serious.

#### **Peace of Mind**

In times of stress or anxiety, your workforce needs professional emotional support often at short notice and in their native language.

Timely support can make the difference between controlling a situation and an event spiralling out of control. Easy access to services through a single point of contact help your people make the right decisions at a critical time.

## Wellbeing-Wherever, Whenever

Your mobile workforce will have their medical, safety and emotional needs addressed by a single incident manager, in a holistic way via a single assistance number.

Our short-term counselling support services assist your people with psychological issues while they are away, so they can focus more on their work.

## **Service Components**

Emotional Support works alongside medical and travel security assistance to deliver:

- Seamless integration between medical, travel security and WorkPlace Options emotional support services (no need to make additional calls)
- Unlimited manager / HR telephone consultation
- Support services available 24/7, every day of the year
- Up to five counselling sessions per incident
- Counselling method tailored to a mobile workforce: phone, video-call or face-to-face
- Support in over 60 languages.

